PRACTICE NEWSLETTER

Drs Sambale, Keatley, Rigg, Padgham & Robins

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PRACTICE NEWS

As shared in our March newsletter, Dr Sambale will be retiring from the practice at the beginning of August 2025. Her final working week will be the week commencing 14th July.

We know many of you have expressed your appreciation and asked about giving gifts. In line with Dr Sambale's wishes, we kindly ask that no gifts are brought in. Instead, a book of good wishes will be available in reception from week commencing 16th June until 17th July, where you are welcome to leave a message for her.

If you are unable to come into the surgery but would still like to leave a message, please feel free to email us at ggc.gp43237@nhs.scot where the team will print your message to include in the book.

Thank you for helping us give Dr Sambale a warm and heartfelt send-off.

A MESSAGE FROM DR SAMBALE

Dear Patients,

As I retire, I want to thank you for your trust and support over the past 25 years. It has been a privilege to work in a community where people care for one another. Over this time, I've seen many advances in medical care—something we can easily take for granted. We sometimes forget how much longer and healthier lives can be nowadays, even though, sadly, that progress doesn't reach everyone.

In the past 12 years, we've welcomed many New Scots into our practice, and I've valued the opportunity to learn from such a wide range of cultures and experiences.

I am deeply grateful to my partners and to our clinical, attached and administrative staff. Their commitment and teamwork have been central to everything we've achieved. I leave knowing the practice is in good hands, with a dedicated and capable team. While it is disappointing to retire at a time when funding for General Practice is under real pressure, I remain hopeful that my colleagues will receive the support they need to continue delivering the care they want to provide to you.

Thank you again for your warmth, support, and patience over the years. I wish you all the very best for the future. I'll likely meet many of you around the community in the years ahead—please forgive me if I look a bit blank at first. I'm notoriously poor at recognising faces, but that doesn't mean I've forgotten you.

With warm regards,

Petra Sambale

JOIN US AT PARKRUN ON SATURDAY 12TH JULY!

We're excited to share that the team at Keppoch Medical Practice will be volunteering at Ruchill Parkrun on Saturday 12th July. The event starts at 09:30 in Ruchill Park and we'd love for our patients to join us! The start of the course is near the Murano Street entrance to Ruchill Park and the nearest postcode is G20 7RS.

Whether you walk, jog, run, or just come to cheer, everyone is welcome. You don't need to complete the full 5km, any amount of movement is a great! It's also the perfect opportunity to meet the team, enjoy the community spirit and take in some spectacular views of Glasgow. This will also be the final practice event for Dr Petra Sambale, who is retiring after many years of dedicated care - come along to help us give her a memorable send off!

Taking part is simple and free, if you'd like to complete the full 5km course and receive your official time, you'll need to sign up once and bring your scannable barcode on the day.

Taking part is also part of our commitment to becoming an RCGP Active Practice, promoting physical activity as a key part of better health and wellbeing.

So lace up your trainers, bring a friend or two, and come support your local Parkrun with us. We can't wait to see you there!

For more information and to register go to https://www.parkrun.org.uk/ruchill or scan the QR code below: